# BIO SUSAN SADLER Professional Certified Coach

Susan Sadler is a professional certified coach specializing in leadership and executive presence.

Susan coaches professionals to elevate their leadership presence so they are more confident and increase their gravitas. This helps accelerate their performance and take their career to the next level.

When clients partner with Susan, they benefit from her extensive international experience. Her results-orientation, creative solutions, and business expertise are undeniable assets.

Susan's point of difference is her Presence Accelerator methodology that reveals a client's strengths, values, undiscovered assets, expertise and passions. This forms the foundation to learn and apply the core elements of presence.

When you engage Susan, you access 20,000+ hours of experience, knowledge and application of communication style, influence and persuasion, powerful presentations, high stakes stakeholders and more.

She has been featured in the media -- magazines, radio, podcast -- and is an international conference speaker.

Susan's vision is to help others enter every room with confidence, building inner strength for outward leadership.

Build Confidence | Remove Barriers | Accelerate Success



## Key Specialty Areas

- Executive Presence
- 360 feedback
- High impact presentations
- Career navigation

- Cross-cultural competency
- Stakeholder management
- Crafting difficult messages
- · Emotional intelligence

### Education/ Certifications/Courses

## **University of California, Los Angeles**Bachelor of Arts, Communication Studies

- Professional Certified Coach, (PCC), ICF
- Coach U certified graduate, Advanced Coach U graduate
- Certificate IV Assessment and Workplace Training (Australia)
- Certified trainer, DISC Personality Profile System
- Certified trainer, EQi 2.0
- Certified NLP Practitioner
- Coaches Rising The Neuroscience of Change
- · David Drake Narrative Coaching graduate
- Coaches Rising The Art of Adult Developmental Theory graduate

2011-2012 | Singapore

Presence Based Coaching, Doug Silsbee, Bebe Hanson

#### Achievements

President, ICF Singapore Chapter

Member of ICF Global Ethics Review Committee	2018
Special Recognition Award, Ministry of Communications and the Arts	2012   Singapore
Conference Presenter, World HR Congress India Your Intuition Counts: How to Listen to your gut and Elevate your Coaching	2016   Mumbai, India
Conference Presenter, ICF Jakarta Your Intuition Counts: How to Listen to your gut and Elevate your Coaching	2015   Jakarta, Indonesia
Conference Presenter, ICF Malaysia Your Intuition Counts: How to Listen to your gut and Elevate your Coaching	2015   Kuala Lumpur, Malaysia
Conference Presenter, Asia Business Forum Singapore Conflict in the Workplace: Making it Work for You	2008   Singapore
Conference Presenter, Asia Business Forum Indonesia Influence in the Workplace: How to be More Persuasive	2008   Jakarta, Indonesia
Conference Presenter, Asia Business Forum Hong Kong Influence in the Workplace: How to be More Persuasive	2007   Hong Kong

## Media Appearances and Publications

#### RADIO

#### Jeff Altman Podcast, The No BS Coaching Advice

• How to Recover from a Gut Punch at Work, June 2020

#### 93.8 LIVE Talk Radio

- Using Your Intuition: Trust Your Gut, Make Better Decisions 2016
- Influence in the Workplace 2014
- Coping with Busy-Ness 2014

#### Panelist, 93.8 LIVE Talk Radio

CAMPUS Talk, Temasek Polytechnic. Is Face to Face Communication Still Important? 2014

#### **PUBLICATIONS**

- Forbes.com July 11, 2020 How to Exhibit Charisma in a Virtual World
- Forbes.com May 11, 2020 It's Time to Refresh Your Approach to Influence
- Forbes.com April 9, 2020 You Can Assert Yourself Productively. Here's How
- Forbes.com March 20, 2020 Three Tips for Improving Your Cultural Intelligence
- Coaching World Nov 2019 No One Does it Alone 4 Benefits of Asking for Help
- Coaching World Oct 2018 Three Tips for Developing Presence in a Hyperactive World
- Simply Her April 2014 contributor, How to Make Your Boss Love You
- Simply Her Sept 2004 contributor, Making Realistic New Year's Resolutions
- Contributor, numerous Forbes Expert Panels